

Pious Practice of Union with God

What is the Pious Practice of Union with God? With this expression, which perhaps may seem from another time, we want to make known a prayer conceived and spread by [Rev.Father Boccio](#) since 1912 when he was a young cleric in Stazzano.

Strongly attracted by the Heart of Christ, Amilcare decides to start an "Opera", as he himself calls it, which is not yet the Congregation of the Little Daughters, but rather a project of spiritual apostolate based on union with God, with the aim of spreading the kingdom of justice, truth, love and peace of the Sacred Heart.

This project takes shape in the "Pious Practice of Union with God for the Triumph of the Sacred Heart": a prayer of adoration, praise and offering of one's actions for every hour of the day, associated with the request for graces and particular virtues to be asked for oneself and for humanity.

Soon the young priest introduced the Pious Practice to various religious communities and the number of those who joined the Association grew more and more.

Approved by numerous Bishops, in 1922 the Pious Practice received the approval of Pius XI and the purchase of indulgence was associated with it.

With the beginning of the Congregation, this prayer could not fail to enter the spiritual heritage of the new Religious Family. Each Little Daughter feels united with the Sisters in an act of offering that rises to God hour by hour, in which everything that is experienced becomes a gift of love so that humanity can be inundated by the merciful Love of Jesus.

Today, thanks to the [Family of the Sacred Heart](#), the Pious Practice has returned to being a valid help also in the spiritual life of many lay people who, living in union with God, become valid and strong instruments so that His Kingdom may come soon!

Join this chain of love and offering by [consulting the outline of the Pious Practice](#).

"The Lord told us to pray continuously. I must therefore live in a state of prayer. It is the reason for our practice of union with God: to refer all internal and external actions to God. Our Practice of union, which the Lord wanted to inspire in me, which He Himself put in my heart on a day of trial, on the days when it seemed to me that my dream of being a missionary and martyr was broken, is the means that the Lord gives us so that we acquire this habit of prayer, so that we are always in an attitude of prayer, in a state of prayer". (Father Boccio, 26-02-1956)

[Click here to download a version of the Pia Pratica to carry with you at all times.](#)