

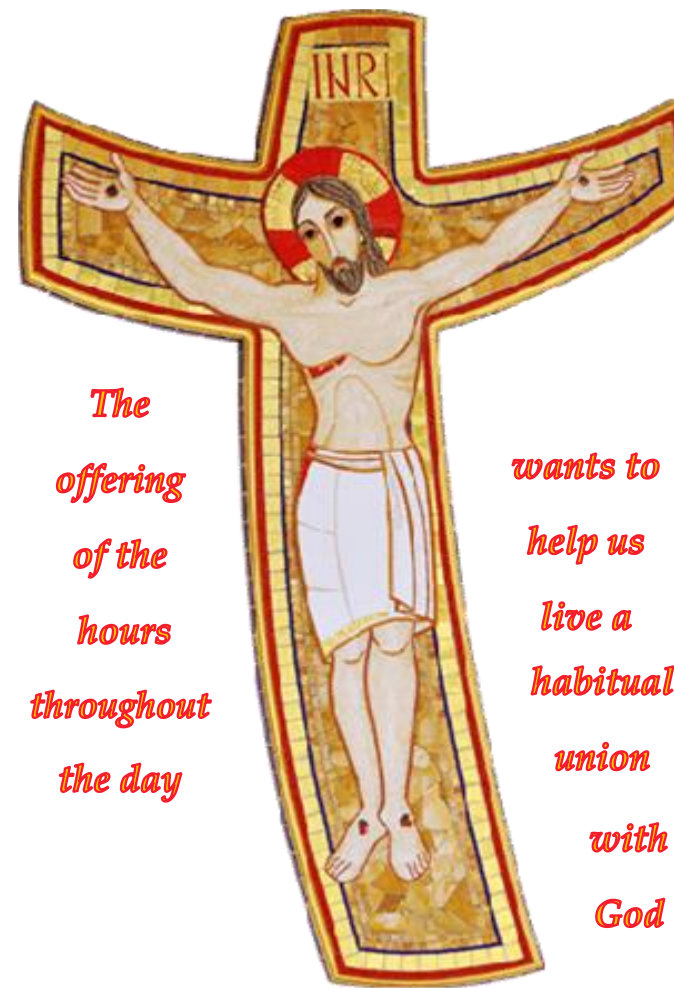
### Litany of the Most Sacred Heart of Jesus

- Lord, have mercy. - *Lord, have mercy.*
- Christ, have mercy - *Christ, have mercy.*
- Lord, have mercy. - *Lord, have mercy.*
- Christ, hear us. - *Christ, hear us.*
- Christ, graciously hear us. - *Christ, graciously hear us.*
- God, the Father of Heaven - *have mercy on us.*
- God the Son, Redeemer of the world, ...
- God the Holy Spirit, ...
- Holy Trinity, one God ...
- Heart of Jesus, Son of the Eternal Father ...
- Heart of Jesus, formed by the Holy Spirit in the Virgin Mother's womb ...
- Heart of Jesus, substantially united with the Word of God ...
- Heart of Jesus, infinitely majestic ...
- Heart of Jesus, holy temple of God ...
- Heart of Jesus, tabernacle of the Most High ...
- Heart of Jesus, house of God and gate of heaven ...
- Heart of Jesus, burning furnace of charity ...
- Heart of Jesus, sanctuary of justice and charity ...
- Heart of Jesus, overflowing with goodness and love...
- Heart of Jesus, abyss of all virtues ...
- Heart of Jesus, most worthy of all praise ...
- Heart of Jesus, King and center of all hearts ...
- Heart of Jesus, In which are stored all the treasures of wisdom and knowledge ...
- Heart of Jesus, in whom dwells all the fullness of divinity ...
- Heart of Jesus, in whom the Father was well pleased...

- Heart of Jesus, from whose fullness we have all received ...
- Heart of Jesus, desire of the everlasting hills ...
- Heart of Jesus, patient and immensely merciful ...
- Heart of Jesus, generous towards those who call upon you ...
- Heart of Jesus, fount of life and holiness ...
- Heart of Jesus, propitiation for our sins ...
- Heart of Jesus, covered with opprobrium ...
- Heart of Jesus, broken because of our sins ...
- Heart of Jesus, obedient even unto death ...
- Heart of Jesus, pierced by the lance ...
- Heart of Jesus, source of all consolation ...
- Heart of Jesus, our life and resurrection ...
- Heart of Jesus, our peace and reconciliation ...
- Heart of Jesus, victim for our sins ...
- Heart of Jesus, salvation of those who hope in you ...
- Heart of Jesus, hope of those who die in you ...
- Heart of Jesus, happiness of all the Saints ...
- Lamb of God who takes away the sins of the world.  
- **spare us, Lord**
- Lamb of God who takes away the sins of the world.  
- **graciously hear us, Lord**
- Lamb of God who takes away the sins of the world.  
- **have mercy on us !**

#### **Let us pray**

O Father, who in the Heart of your beloved Son, give us the joy of celebrating the great works of your love for us, grant that from this inexhaustible source we may draw the abundance of your gifts, through Christ our Lord. Amen.



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**I adore you, Most Sacred Heart of Jesus, and I offer you all my actions of this hour for your kingdom of justice, truth, love and peace. (To be repeated every hour)**

**Rising time:** – “Send me your Holy Spirit to enlighten my mind and make my heart the place of your dwelling, grant me and all men a living and active faith and an ardent love towards you and towards our neighbor.”

*Glory be to the Father ...*

**Most Sacred Heart of Jesus, I love you, come to me, I give you my heart, give me yours, I trust in you. (To be repeated every hour)**

**7:00 am** – “With a great filial love towards your most Holy Mother, grant me and all men the beatitude of the pure of heart who see God.”

**8:00 am** – “Through the intercession of St. Joseph, your guardian and father, grant me and all men a firm hope in your infinite merits, especially at the point of death, and a confident abandonment in divine Providence”.

**9:00 am** – “For the love with which you humbled yourself as a child in the manger of Bethlehem, grant me and all men a profound and sincere humility”.

**10:00 am** – “For the love with which you submitted yourself to Mary and Joseph in the house of Nazareth, grant me and all men the virtue of a perfect obedience”.

**11:00 am** – “For the love with which you agonized in the prayer of Gethsemane, grant me and all men the grace to always pray with humility, trust and constancy”.

**12:00 noon** – “For the love with which you accepted the flagellation of your most innocent body, grant me and all men the grace to always practice Christian mortification and detachment of the heart from earthly things”.

**13:00 pm** – “For your crowning with thorns, grant me and all men the virtue of meekness in dealing with others”.

**14:00 pm** – “For the love with which you took the heavy cross on your shoulders, grant me and all men the grace to carry with resignation all the crosses of life”.

**15:00 pm** – “Through your death on the cross, grant me and all men a great generosity in overcoming every temptation and in cooperating in your plan of salvation.”

**16:00 pm** – “Through the Most Sacred Heart pierced by the spear, grant me and all men an unlimited confidence in your merciful love.”

**17:00 pm** – “Through the sufferings of your most afflicted Mother at the foot of the cross, grant me and all men the virtue of patience towards those who make us suffer.”

**18:00 pm** – “Through the intercession of the great Archangels Saint Gabriel, Saint Michael and Saint Raphael, grant me and all men the virtue of fortitude and a tireless zeal in working for your Kingdom.”

**19:00 pm** – “Through the intercession of Saint Margaret Mary Alacoque, grant me and all men the grace to penetrate the love of your Heart that surpasses all knowledge.”

**20:00 pm** – “Through your glorious resurrection from the dead, grant me and all men the grace to be reborn in your great mercy.”

**Rest time** – “I adore you, Most Sacred Heart of Jesus, and through my Guardian Angel, I offer you this night’s rest. Consume all sins with the fire of your love, reign in my heart and all hearts.”

